



Theme: Being courageous

Book: We're going on a bear hunt by Michael Rosen

Reflection on last week's faith in action, with the families.

What was last week's action?

How did that make you feel?

Why did that make a difference?



Prayer time

Dear God, go before our children and help them to be courageous when they meet obstacles in life. Amen.

Inspiration ...

Biblical Reference:

Matthew 14:22-32

Peter walks on water

Joshua 1:1-19

Joshua installed as leader '... Be...very courageous...'

There are other examples of people being courageous in the Bible. e.g Moses, Jonah, Ruth

• SNACK TIME

Pom bears • Gingerbread Men Sandwiches cut with gingerbread man cutter.

• SONGS

Use musical instruments

Round and round the garden.

Teddy bear, teddy bear, turn around.

Teddy bears picnic.

Additional resources:

A re-telling of the story on Youtube

<https://youtu.be/0gyl6ykDwds>

Theme Introduction:

Being courageous is sometimes a difficult thing for both adults and children to do. Today we are thinking about how as Christians we get through difficult times. We know that God is with us and helps us.

In this story the family go on a journey. They are hunting for a bear, they travel through mud, long grass and water. So, they need to be brave.

We will all have obstacles in life to overcome. For Christians we know that the Bible tells us that God goes before us. Being a Christian doesn't mean everything will be easy. Knowing God is with us helps us in those tricky times of life, so that we can be courageous.

Theme exploration:

To be courageous we need someone to trust. Christians choose to trust in God. Who do you trust?

Free play suggestion:

Link with book:

- Provide 3 bowls each with a different texture in eg water, Rice Krispies and shredded paper. Encourage children to put their feet or hands in it.

I wonder what do the different things feel like.

- Provide some toy animals for the children to play with.
- Hide a teddy bear somewhere in your room. Encourage children to find it and then leave it there for others to find.



I wonder if you can find the teddy bear.

Craft ideas:

Link with Book

- Paint footprints.
- Have a piece of A3 paper, paint the child's feet and ask them to walk along the paper to make footprints.

I wonder what this feels like

- Provide brown playdough to model bears.

I wonder if you would like to meet a bear

Faith in action: When you next need to be brave, ask God as well as a grown up to help you.