



Theme: Being courageous

Book: **The Lion Inside** by Rachel Bright

Reflection on last week's faith in action, with the families.

What was last week's action?

How did that make you feel?

Why did that make a difference?



Prayer time

Loving God, thank you for these awesome children. We ask that they always have an inner strength through you. Amen.

Inspiration ...

Biblical Reference:

Psalm 29:11

"The LORD gives strength to his people; the LORD blesses his people with peace."

SNACK TIME

Sainsbury's lion snacks (crisps)

SONGS

Use musical instruments
See song sheet - We're going on a lion hunt.

Additional resources:

A re-telling of the story on Youtube

https://youtu.be/GlfDD3gYZ_0

Courage badges

Theme Introduction:

There are times when we are all frightened or worried and need to be brave. Having courage helps children to persevere through life's challenges, and in the process raises their own self-esteem. When children feel good about themselves and see that they have the power to make courageous choices, they are more likely to have satisfying lives.

We as Christians believe that we don't have to do this alone. We can find our courage and strength in Jesus who will help us through even the most difficult situations.

Theme exploration:

The mouse felt small and forgotten but it turned out the lion was afraid of the mouse. The mouse comforted the lion and they became friends. We learn that both need to have courage but in different ways.

As Christians we have a friend in Jesus, who is able to help us whenever we need to have courage. This strength is inside us and can help us to feel peace no matter what situation we face.

Free play suggestion:

Link with book:

- Set up some toy animals so the children can use them to retell the story.

I wonder if you can guess what is inside the box.

Link to theme:

- Set up some boxes with lids with a hole cut in for children to put their hand in – It should be with a hole cut out for children to put their hands in. Encourage them to be brave and put their hand in without looking to work out what is in the box.

Craft ideas:

Link to theme:

- Print the courage badges from the additional resources. Encourage the children to decorate them.



I wonder when you will need your bravery badge this week.

Link with book:

- Lion hand print craft.

<https://www.simpleeverydaymom.com/handprint-lion-craft/>

Faith in action:

Talk to an adult this week about when you feel like you need to have courage. What are you worried about? Ask Jesus to help you to be brave. What other things will help you?