



## Theme: Stepping out and trying new things

Book: **The Koala Who Could** by Rachel Bright

### Reflection on last week's faith in action, with the families.

**What** was last week's action?

**How** did that make you feel?

**Why** did that make a difference?



### Prayer time

Dear God, we ask that you help these children to try and enjoy new experiences. Amen

### Inspiration ...

#### Biblical References:

##### Proverbs 3:5

Trust in the LORD with all your heart and lean not on your own understanding.

##### Mark 16:15

He (Jesus) said to them, "Go into all the world and preach the gospel to all creation."

#### • SNACK TIME

Pom Bear type snacks  
Different toast toppings to try  
e.g. Marmite, honey, hummus.

#### • SONGS

Use musical instruments  
Round and round the garden  
like a teddy/Koala bear.

#### Additional resources:

A re-telling of the story on Youtube  
 <https://youtu.be/VcdVsRfUbjk>

### Theme Introduction:

Many adults like to stay in their comfort zones. The comfort zones we build around us include our daily routines and how we go about our daily lives, they are our safe spaces and practices. For those that step outside their comfort zones into the unknown, they find a place of new experiences and new perspectives; a place where they can change and grow.

Toddlers are expanding their experiences and hence their comfort zones all the time, as they learn and experience new things. For new families, even coming to your setting, could be stepping out of their comfort zone for the children and the carers.

### Theme exploration:

Kevin the Koala certainly liked his tree, didn't he? But he really didn't like to try a new place. I wonder, if he was happier once he had left his tree? If you were the Koala, would you have left the tree sooner? Why?

### Free play suggestion:

#### Link to theme:

- Have a train track, to play with – encourage the children to change the route and shape of the track.
- Have teddies and dolls with clothes or have dressing up clothes so that the children can alter their, or the toys appearance.



I wonder what changes you have made.

I wonder If you like things to change.

I wonder what you would change if you could.

### Craft ideas:

#### Link to theme:

- Hand or foot painting, (some children don't like getting messy). Have water & towels for cleaning.



I wonder what it feels like to have the paint on you.

I wonder what picture you could make with your hand or foot prints.

- Use card and ribbon to create an 'I have tried something new' medal.

I wonder what new thing you will try this week.



**Faith in action:** Try something new? A new route to school, a new food or a new place to visit as a family?